



**Revelstoke Food Network
Food for Thought
-Yesterday – Today - Tomorrow
March 29, 2008**

1. Did you find the information presented interesting, useful and thought provoking?

Yes 100% No

Comments

Good variety of topics, interesting speakers
I got much more out of the day than expected
It is a very good community building event, great ideas

2. Do you feel better informed after this presentation regarding the issues of food security?

Yes 100% No

Comments

The reduction in nutritional value of vegetables is a real eye opener
It is more dire than what I thought

3. What other information regarding food security would you like to learn about in the future?

Comments

Foraging for food that naturally grows here
Ways to save the nutrient quality of food
Would like a yearly update
Where local food can be purchased – a list would be great
How to get better use of existing land in ALR
How can Revelstoke increase food production with the creations of the new resort and loss of land?

4. How will you incorporate the information you have received today into your own personal life style?

Comments

Be more in tune to what I am planting
I will be more aware purchasing vegetables
I will attend Farmer's Markets
Make more effort to buy local if possible
Buy local, grow local
Select organic where possible
Get the word out in Revelstoke area

Garden with renewed vigour
Make better choices in the food I buy

5. What is your most important concern regarding food security?

Comments

Variety of local foods that are season and tasty that can displace plastic food
Nutrition

As a consumer, purchasing the food that has the original food nutrients in it
Land formerly agriculture, built over, urban sprawl

Availability, safety nutrition

Health of families and children

More and more farms going under, more concentration of food control by few huge corporations.

Farms not being able to make a living

Access to organic non GMO food in future

6. Other Comments:

Seniors could mentor others at community gardens, especially those in apartment blocks, etc. no longer producing a household garden.

Great job Patti – with your enthusiasm let this spread the word into the community, awareness leads to action!

Thanks for this day, it's been great!

The potential is huge for this project!

Will be waiting for things to happen!

I will help spread awareness of these issues.

I am very glad I came!

I am glad to see the committee working to make a difference.

I want to know all this going on and keep informed.

I am excited about collaborating and networking.

I did not know what to expect, I am going to get involved and spread the word.

Thank you for taking the time to fill out this evaluation!